

# SHANNON MUCHOW

## SAG/AFTRA

Hair: Light Brown

Eyes: Hazel

## ON CAMERA

### FILM

<i>Hardcore Hijackers</i>	Starring	Coyote Calling Productions
<i>Glas</i>	Starring	Hegel's Bakery Productions
<i>Rooted!</i>	Starring	A Chance Meeting Productions
<i>Maxwell's Frontline</i>	Starring	Maxwell's Frontline Productions
<i>12 Angry Women</i>	Starring	LA Film School
<i>Curse of the Blair Witch Parodies</i>	Starring	Raging Pony Productions
<i>The Pursuit</i>	Starring	University of Southern California
<i>Free Hunters</i>	Starring	Stone River Productions
<i>A Bourgeois Christmas</i>	Starring	Film Factory Productions
<i>Red Lightning</i>	Featured	Specter's Rock Productions

### TELEVISION

<i>Power Rangers: Time Force</i>	Recurring	Saban Entertainment/FOX
<i>Harsh Reality</i>	Principal	Pilot F/X Channel
<i>Soaptalk</i>	Featured	SmallTalk Productions
<i>Power Rangers: Wild Force</i>	Featured	Saban Entertainment/FOX
<i>Places of Mystery "Secrets of Witch City"</i>	Featured	The Travel Channel
<i>Dining Out in the Rockies</i>	Host/ Principal	Gourmet Productions, KTCI

### THEATRE

<i>The Dining Room</i>	Lead	Theatre Underground, CA
<i>Alicia's Doll</i>	Lead	Jewel Box Theatre Company, CA
<i>The Underneath</i>	Lead	Jewel Box Theatre Company, CA
<i>Colorado Renaissance Festival</i>	Sword Fighter/Lead	On Edge Productions
<i>Black Comedy</i>	Lead	University of Colorado
<i>Hay Fever</i>	Lead	Washington Park Players, CO
<i>Dearly Departed</i>	Lead	Westminster Dinner Theatre, CO
<i>Steel Magnolias</i>	Lead	Black Hills State University
<i>Wild West Stunt Show</i>	Lead, stunts	Elich Gardens, CO

### TRAINING

The Groundlings	Improv	Karen Maryuama
Craig Wallace Casting	Audition Technique	Craig Wallace
Jewel Box Theatre Company	Scene Study	Walter Olkewicz
Megan Foley Casting	Commercial Audition Workshop	Megan Foley
Society of American Fight Directors	Rapier, Advanced Rapier	Payson Burt
Denver Center Theatre Academy	TV & Film Technique	Phil Badger
Black Hills State University	Shakespeare's Comedies	Dr. Patricia Popelka
University of Colorado	Bachelor of Arts	Theatre/Film Studies

### INTERESTS

Accents: British- Standard & Cockney, Irish, Russian, Southern, Australian, French

Sports: Sailing, Tennis, English and Western Riding, Swordfighting, Orienteering, PADI SCUBA certified

Hobbies: Photography, Geology, Spanish, Dinosaur Paleontology